

# INFORMATION EXCHANGE

Metropolitan Region Developmental Disabilities Task Force of the Metropolitan Health Board

300 Metro State Building  
7th and Robert Streets  
St. Paul, Minnesota 55101

Toni Lippert - 800-6344  
Joachim Bergner - 800-6345

Vol. 6, No. 10  
October 1981

## METRO DD PROGRAM NOTES

### An Added Feature

This issue inaugurates joint publication of Metropolitan regional and state DD news. Be sure you read the state supplement that will be a regular part of the DD Information Exchange. Items for publication in the state supplement should be directed to Roger Strand. See address and phone number in that section. Deadline for submitting all news items is the 20th of each month.

### Review of Fiscal Year 82 Activities

This month launches the 10th year of the Metro DD Program at the Metropolitan Health Board/Metropolitan Council. We'd like to introduce you to our hard-working DD Task Force members and give you the highlights of the DD activities for fiscal year 1982.

(GP = General Public; P = Provider and C = Consumer)

Kathryn Roberts (Chair) - GP  
Kathryn Beebe (Vice-Chair) - GP  
Carolyn Anderson - P  
Regis Barber - P  
Sharon Hardy - C  
Mary Hinz - C  
Bernadette Hughes - C  
Dennis Johnson - P  
Harold Kiewel - C  
Nancy Ledt - C  
Mary Libars - C  
Dennis Matthews - P  
Al Oertwig - P  
Clifton O'Toole - P  
Sharon Sayles - C  
Vern Silenke - C

Carol Schuldt - C  
Deborah Skwarek - C  
Richard L. Stroncek - C  
Sally Swallen - C  
Robert Teeling - P  
Linda Ting - C  
Chris Walter -  
Kay Zwernik - P

Ex-officio, non-voting members:

Jay Bischoff - P  
Marcia Stevens - P  
Carol Stratton - P

For fiscal year 1982, the State and Metro Region DD Programs chose to give highest priority focus on "alternative community living arrangements."

Metro activities for this year include:

- \* Conducting a survey of the Metropolitan Area of ICF-MR/DD facilities to determine the personnel turnover rate and factors that contribute to retention or termination of personnel. Findings from the survey and interviews will be reported together with recommended changes to attract and retain residential personnel.
- \* Participating in a statewide survey by all Minnesota DD programs to identify specific areas for which direct-care staff of residential and day programs have indicated they want additional training.
- \* Exploring with Metropolitan Area county MR coordinators, new cost-effective community residential programs for adults similar to the professional foster program initiated by Ramsey County.
- \* Convening a meeting of interested parties to discuss the discrete need and types of residential programs required by non-retarded developmentally disabled children in the Metropolitan Area.

## METRO DD PROGRAM NOTES (Continued)

Participating in the ad hoc Programming Coalition, Minnesota Association for Retarded Citizens' Residential Services Subcommittee to strengthen the effectiveness of residential facilities' advisory committees and other similar coordinating efforts.

In addition to the list above, there will continue to be provision of information and referrals; reviews of new DD projects, policies, legislation and regulations; generation and dissemination of data; and sending reports, studies, articles and other publications (such as this newsletter) and to those who request them. It will be another busy year and one we sincerely hope will improve the lives of those we serve--people with developmental disabilities.

## METRO DD MAPS-DIRECTORY AVAILABLE

Additional maps showing the location and addresses of facilities serving developmentally disabled people in the Twin Cities Metropolitan Area, are again available at no charge from the Metropolitan Council's public information office, 291-6464. The maps include information about developmental achievement centers, rehabilitation facilities and sheltered workshops, and licensed residential facilities.

## RESPIRE CARE GRANTS AWARDED

The following Metropolitan Area DD Respite Care projects were awarded grants for fiscal year 1982:

### Alternatives for Autistic People, Minneapolis.

This project is now operational providing respite care for autistic individuals. In addition to in-home care, they are moving into providing recreational programming. (612)724-6760.

St. David's School for Exceptional Children, Minnetonka. Day Care is provided for infants and pre-school children, birth to five years, Monday through Friday 12:30 p.m. to 6 p.m. and one evening per week until 9 p.m. They are licensed to serve up to 25 children. (612)935-3336.

Developmental Services Organization, Inc., St. Paul. The goals of this organization are to establish a computerized central clearinghouse for information and referral; to investigate alternative ways to finance respite care and disseminate the information; to cooperate with consumers and providers to expand and improve services and to help establish more model respite care services to meet identified gaps in service. (612)646-1970.

For information concerning grants made to outstate projects, please see the State Supplement to the Information Exchange.

## NEW STAMP HONORS IYDP

The U.S. Postal Service has just released an attractive 18¢ stamp commemorating the International Year of the Disabled Persons. The stamp was designed by Martha Perske of Darien, Conn. Mrs. Perske has worked with disabled persons since 1976.

## CHRISTMAS GIFTS AVAILABLE

Original-art greeting cards designed by artists who lend their talents to help people with disabilities are available from Courage Center, 3915 Golden Valley Rd., Golden Valley, MN 55422, (612)588-0811. Call or write for free cards catalog.

Gifts created by disabled men and women are available through the Homecrafters program, a rehabilitation service which evaluates and trains the artisans and markets their crafts. Local outlets are: the Minneapolis Skyway Shop in the Multifoods Building, St. Paul Skyway Shop in the Bremer Tower Building, and the Courage Center Gift Shop in Golden Valley. In addition, handmade toys, clothing, woodcrafts, quilts, artwork, knitted and crocheted items will be on sale at the Southdale Shopping Center, October 12-17.

## EMPLOYMENT OPPORTUNITIES

Live-in couple wanted. One person full-time to supervise Brooklyn Center group home for six mentally retarded adults. Four-year degree and experience preferred. Excellent salary and benefits. Call Wes or Nancy at Outreach Group Homes, 926-6817.

Part-time counselors needed to work in small group home for mentally retarded teen-agers and adults in Metropolitan Area. Most of the work is on weekends. Call Kris Felbeck, Forestview Community Homes, 933-0248.

Applications from qualified personnel are being accepted for the position of Educational Assistant, Technical Tutor-Supplemental Support Staff. Will assist vocational program instructors provide supplemental, remedial and pre-vocational tutoring for students with special needs. Will assist in modifying student learning environments to meet individualized needs of students and assist in monitoring individual student's progress.

Send a letter of application containing a statement of applicant's background, experience and other qualifications to Dr. Phillip D. Penn, Assistant Director of Personnel, 360 Colborne St., St. Paul, MN 55102

## SERVICES

For many years the Council for the Handicapped has offered expert advice on physical and accessibility programs. Their accessibility specialist has worked with private, state and non-profit organizations to provide information and clarification of laws requiring accessibility to buildings. It has actually surveyed buildings and reviewed blueprints to offer inexpensive, yet adequate, physical accessibility.

To request help with accessibility needs, questions or problems, call (612)296-6785.

The Metropolitan Transit Commission offers a 0¢ fare reductions to persons unable to qualify for a Minnesota drivers' license because of a physical or mental handicap.

Fare reductions apply on weekdays from 9-3:30 p.m. and after 6 p.m. and at all hour on weekends and holidays. Call 644-1119 for an application.

A special pilot project of the Minnesota Housing Finance Agency was the 1979-80 Accessibility Improvement Program. Low-interest loans and grants were given to make improvements to single-family and two-family households with one member of the family physically disabled. Common improvements were ramps, handrails, kitchen and bathroom modification and lowering switches and electric outlets.

This program has now been incorporated into the regular deferred loan and standard loan programs of the Minnesota Housing Finance Agency.

## RESPITE CARE NEWS

Homeward Bound Inc. has four respite care beds at their New Hope facility for people 21 years old or younger. Former restrictions concerning length of stay, holidays and physicals have been revised. For more information and admission forms, contact Lynne Barnes, 536-6171.

The Scott County Association for Retarded Citizens (ARC) is sponsoring a respite care needs assessment. Forms were sent home with summer school children. If these forms haven't been returned to ARC, P.O. Box 631, Prior Lake, MN 55372, please send them now.

The Dakota County Developmental Learning Center now operates two respite daycare projects--one in Rosemount and one in Eagan. Both centers will handle daycare from 7:30 a.m. to 5:30 p.m. Monday through Friday and Friday evenings from 6 p.m. to 11 p.m. throughout the year. The number of children served at one time at each center will vary according to the severity of the handicaps from a maximum of 14 to a minimum of six. The ages of the children served will be from 16 months

## RESPITE CARE NEWS (Continued)

to four years. Cost will be based on a sliding fee scale of up to \$1.75 per hour, depending on the family income. Contact Diane Mielens, 454-8315, for more information and requests for space reservation.

## NEW HOME FOR TC&AC

The Twin Cities Society for Autistic Children, Inc. has moved to a new office. The new address is 1729 Carroll Ave. St. Paul, MN 55104. The phone number is 642-9042.

## DAC FUNDING REDUCTION

Many developmental achievement centers (DACs) throughout Minnesota are experiencing funding cutbacks. Because advocacy groups are concerned about these cutbacks and their effect on DAC clients, a new clearinghouse has been set up to receive reports and pass them on to appropriate people or organizations.

If you hear of any reductions in DAC services (such as decreasing a program to three days a week rather than full-time), please contact Dave Theisen at the Minnesota Developmental Disabilities Program, (612)296-9962.

## CONFERENCES, WORKSHOPS

Oct. 9, 10

"One on One" Conference. The purpose of this conference will be to improve fundraising skills in either special projects or proposal writing. This conference will be held at Arrowwood Resort, Alexandria, Minn. and is by invitation only. For further information, call the State Developmental Disabilities Planning Program at (612)296-4018.

Oct. 9, 10

"Behavior Analysis in Applied Settings," Sunwood Inn, St. Cloud. For information, call Ann Carey, 482-9678.

Oct. 9-11

"Towards Independence," Marriott West End Washington D.C. For more information, contact the Epilepsy Foundation of America, 4351 Garden City, MD 20758.

Oct. 10-11

The Ninth Annual Down's Syndrome Congree is in Portland Oregon. For information, call Doranna Pranke, Rt.2. Box 256, Gresham, OR or, call (503)663-5454.

Oct. 17

"The Unexpected Minority: Handicapped Children in America," Hyatt Regency Hotel, Minneapolis, MN. For information: (612)935-5057.

Oct.30, 31

"A Unique Group with a Unique Purpose" is the theme of the Inaugural conference to establish a Minnesota chapter of the Association for the Severely Handicapped (ASH) that will be held at the Ramada Inn in St. Paul, MN. This conference is sponsored by the Minnesota Developmental Disability Programs. Brochures and registration forms were sent to all recipients of this newsletter. For additional registration forms, call Dr. Travis Thompson, (612)373-3643.

## FUTURE EVENTS

Nov. 6. "Personal Growth for Professional Rewards";

Nov.12-13 "Coping with Conflict";

Nov.19. "The Vulnerable Adult: Act and the Abused/Neglected Older Adult."

The above conferences will be held at the Earle Brown Continuing Education Center, St. Paul campus of the University of Minnesota. For more information, call Vickie DeSanto at (612)373-5831.



# INFORMATION EXCHANGE

STATE SUPPLEMENT

Developmental Disabilities Program / Dept. of Energy, Planning and Development  
201 Capitol Square Bldg.  
550 Cedar Street  
St. Paul, Minnesota 55101

Roger Strand - 612/296-4018

## Information Exchange, A Metro and State Effort

In an attempt to economize resources, this new State of Minnesota section of Information Exchange will reflect the cooperative efforts of the State Office of the Developmental Disabilities Program and the Metropolitan Developmental Disabilities Regional Program. Its focus will be upon items of statewide interest. This joint effort may serve as an example to other agencies experiencing budget constraints. By combining resources over common interests, monetary limitations need not stand in the way of effective communication.

## Respite Care Grants Awarded

The Governor's Planning Council on Developmental Disabilities recently recommended approval for funding of nine demonstration projects that will provide respite care services next year. A total of \$175,000 was awarded to the following agencies:

Alternatives for Autistic People, (Region 11),  
Chisago County Welfare Department,  
Developmental Services Organization (Region 11),  
Duluth Association for Retarded Citizens,  
Isanti County Family Services,  
Lakes Homes and Program Development, (Detroit Lakes),  
Olmsted County Department of Social Services,  
Polk County Association for Retarded Citizens,  
and  
St. David's School (Minnetonka).

For additional information, contact Lew Miller in the Developmental Disabilities Program Office at (612)296-4018.

## State DD Council Seeks New Members

Applications are being accepted by the Governor's Office to fill 14 anticipated vacancies on the Governor's Planning Council in Developmental Disabilities. Three-year appointments will begin January 1, 1982.

People who have a developmental disability are particularly encouraged to participate. Other eligible applicants include parents

or guardians (especially a parent whose child resides in a State Hospital), providers of services and people who have a special interest in developmental disabilities.

In addition to serving on the Governor's Planning Council on Developmental Disabilities members are encouraged to participate in working committees or task forces. Travel and expenses are reimbursed.

The "Application for Service in State Agency" form may be requested from the Governor's Office, Room 130, Capitol Bldg., St. Paul, MN 55155. Telephone: (612)296-3391. Applications must be received no later than December 1, 1981.

## Congress Extends DD Act

As a part of the Omnibus Reconciliation Act of 1981 (P.L. 97-35), the U.S. Congress extended the Developmental Disabilities Program for another three years. Although appropriations are expected to be cut by 17 to 25 percent, the Developmental Disabilities Program was not included in a block grant to the states and will remain as a viable entity within the human service system.

## Policy Analysis Series on Welsch v. Noot

The first three publications of the Policy Analysis Series on Issues Related to Welsch v. Noot are now available from the Developmental Disabilities Program Office. The first in this series outlines the many issues surrounding the implementation of the Welsch v. Noot Consent Decree. Each subsequent publication provides an in-depth review of each issue. For example, Number 2 considers "The Size of Community Residential Facilities: Current Guidelines and Implications for Planning." Number 3 addresses "Interagency Cooperation: The Underlying Concepts of Trust, Incentives, Barriers and Forms of Linkage."

Future policy analysis publications will cover admissions/readmissions to state hospitals as related to behavior problems, the effects of property values in a neighborhood where a group

Continued

home is located, and the needs for coordination with regard to personnel training and development.

Minnesota Genetic Services Program

Based at the University Hospitals, this program will provide comprehensive services involving diagnosis, treatment, management and counseling for people with genetic disorders and other disorders having a genetic component. For further information, contact: Richard A. King, M.D., Ph.D., Director, MGSP, Box 272, University Hospitals, Minneapolis, MN 55455, Telephone: 612/373-4999.

D.D. is Part of New Departmental Merger

As of October 1, 1981, the State Planning Agency will become part of a larger agency called The Department of Energy, Planning and Development. Kent Eklund serves as the appointed Commissioner. The Developmental Disabilities Program, which has been in the State Planning Agency since 1972, will become a section within the Office of Human Resources, headed by Dean Honetschlager. Colleen Wieck will continue to head the Developmental Disabilities Program Office. There will be no change in address.

Metropolitan Council DD Program  
300 Metro Square Bldg.,  
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St. Paul, MN 55101

MR. ROGER STRAND  
STATE PLAN DEV DISAB PRO  
200 CAPITOL SQUARE BL  
ST PAUL MN 55101

DAC Survey under Way

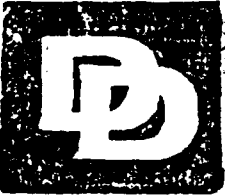
The State DD Program, in conjunction with the Mental Retardation Program Division of the Department of Public Welfare and the Minnesota Developmental Achievement Center Association will conduct a statewide survey of developmental achievement centers.

The study will begin in October and will attempt to identify and examine the many budget-related changes now occurring within DAC programs throughout the state. The study will include an analysis of the impact these changes will have upon daytime and community residential services. The survey will provide important information to policymakers as they attempt to assess the impacts of future budget decisions.

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Published monthly by the Metropolitan Region XI Developmental Disabilities Task Force of the Metropolitan Health Board

300 Metro Square Building  
7th and Robert Streets  
St. Paul, Minnesota 55101

Toni Looert—291-6364



Vol. 6. No. 11.  
November 1981

## METRO DD PROGRAM NOTES

### New Resource Library

The DD resource library is now available for use. It is located in the Metropolitan Council Library on the 3rd floor of the Metro Square Building in St. Paul. Material may be used only in the library. Council librarians help in locating articles.

The DD resource library contains published and unpublished papers, reports and studies. It includes evaluation and survey reports, project descriptions, procedural manuals, bibliographies and guidelines for developing services. It covers a variety of topics such as deinstitutionalization, respite care, foster care, training, organization of services and policy.

A list of the pertinent materials is included with this mailing to Metropolitan Area residents. Readers outside the Area may request a copy by writing to DD Information Exchange, 300 Metro Square Bldg., St. Paul, MN 55101. The list will be expanded quarterly or semi-annually as new material is collected and catalogued.

We encourage your use of this new DD service and thank you for your support in the continued growth of the Metropolitan DD Program.

### DD Additions to Metropolitan Council Library

"Mentally Retarded People in State-operated Residential Facilities: Year ending June 30, 1980." Krantz, Bruininks, Clumpner, University of Minnesota, December 1980.

2. "Family, Leisure and Social Activities of Mentally Retarded People in Residential Facilities" Hill, Bruininks, University of Minnesota June 1981. Examines quality of life within residential facilities and quality of interaction among residents and members of surrounding community.

## EMPLOYMENT OPPORTUNITIES.

### DD Research Analyst

Work for Metropolitan Health Board. Responsible for design and implementation of studies on characteristics of developmental disabilities population and service systems. Job involves: selecting scope of studies; developing and implementing project steps, computer specifications and statistical analysis; interpreting results and writing reports for publication. Will provide technical assistance to provider and consumer groups and write reviews of DD project proposals. Ability to work effectively with outside agencies. Applicant should have degree in social sciences with emphasis on social research design and methodology. Job requires knowledge of DD population and service systems. Starting salary is \$20,250 to \$21,000, depending on qualifications. Excellent employee benefits. Send cover letter and resume by Nov.10 to Mrs. R. Mann, Personnel, Metropolitan Council, 300 Metro Square Bldg., St. Paul, MN 55101

EQUAL OPPORTUNITY EMPLOYER.

## EMPLOYMENT OPPORTUNITIES Continued

Group Home Supervisor (House Parent)  
Responsible for maintaining normal, family-like environment and for teaching domestic and developmental skills to mentally retarded people in group home setting. Live-in position plus room and board. Requires communication, organizational and supervisory skills. Job requires B.A. or B.S. in human services area or related education/work experience. Job opportunities in Minneapolis and Big Lake. Send resume to: Residential Alternatives Inc. 5637 Brooklyn Blvd., Brooklyn Center, MN 55429.

## SERVICES

The Developmental Services Organization, Inc. (DSO) of Minnesota with the cooperation of residential facility directors, has compiled uniform admission and application forms that can be used by all state residential facilities for developmentally disabled people. These forms should simplify admission procedures. DSO hopes to encourage all residential facilities to use them. For more information call Jane Birks at (612) 646-2711.

Courage Center has recently developed a service called the Communication Resource Center which is directed toward the goal of increasing communication alternatives for non-speaking individuals. The services include evaluation by a multi-disciplinary team, recommendation of the most suitable communication system, training in use of the system and follow-up to monitor or modify the system's effectiveness. For more information, call Courage Center, (612) 588-0811.

Architects needing information on designing a barrier-free house or families needing information on how to transform front steps into ramps for disabled family members may call the National Center for a Barrier-Free Environment's toll-free number (800) 424-2809. The National Center also provides an information clearinghouse, a nationwide network of barrier-free design consultants and a series of information bulletins and other publications on

specific accessibility topics. For more information, write: National Center for A Barrier-Free Environment, Suite 1006, 1140 Connecticut Av., Washington, D.C. 20036.

## PUBLICATIONS AND BOOKS

"Working with Mentally Handicapped Persons in Their Residences" by Dean and Mary M. Tjosvold is a new guide to the operation of group homes for mentally retarded people. This book provides professionals with the ideas and skills necessary for the effective operation of group homes for mentally retarded persons. It is available from The Free Press, A Division of Macmillan Publishing Co. Inc., 200-D Brown St., Riverside, NJ 08370 for \$19.95 plus \$1 per book for shipping and handling.

A "Directory of Diagnostic/Assessment Services and Emotional/Behavioral Counseling for Children and Adults who are Mentally Retarded" is available for use by parents, schools and residential facilities. Copies are available from the Minneapolis Association for Retard Citizens, Inc., (MARC) 2344 Nicollet Av. S., Minneapolis, MN 55404 (612) 874-6650. Cost: \$3.00 a copy including postage.

## HOLIDAY GIFTS

Dundas Mill candles, bayberry or cinnamon scented, are available at a cost of \$2.50 a candle, plus \$1 postage, from the Minnesota Epilepsy League. Also available is the "All Occasion Cookbook", \$10.95 plus \$1 postage and handling. To order, contact the Minnesota Epilepsy League, 404 S. 8th St. Minneapolis, MN 55404 or call (612) 340-7630.

Metropolitan developmental achievement centers have decorative ribbon bows for sale. Holiday colors and all-occasion assortments are available at a cost of \$1.25 for a bag of six bows. Call 227-0675.



## RECREATIONAL ACTIVITIES

Minnetonka Community Services Department offers several adult education classes for mentally handicapped adults. Offerings include an introduction to architecture in the Twin Cities and the Nutcracker Suite Ballet at Northrop Auditorium. For a full schedule and more information call 475-5405, ext. 55.

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Courage Center will offer a variety of winter recreation programs for children and adults with hearing impairments. Activities offered for adults will include volleyball and swimming; for children, cooking, reading and other recreational activities. For more information, call Harvey Hoffman at 588-0811.

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The St. Paul YWCA, 65 E. Kellogg offers swimming for visually impaired and hearing impaired adults. Call 222-3741.

## NEW BILLS AND PROPOSALS

The new bill approved by both houses of Congress permits deductions for charitable contributions by all taxpayers. Currently, charitable deductions are permitted only to those who itemize deductions. It is anticipated that the new regulation will substantially increase public support of all charitable institutions. The law takes effect January 1, 1982.

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There have been a number of new legislative proposals introduced in Congress that relate to the problems of people with chronic health conditions or handicaps. For example: HR430 would permit handicapped persons to deduct from income tax those expenses incurred in going to work, if the handicap prevents them from driving. HR467 would allow an additional tax exemption for taxpayers who are handicapped or whose households include a handicapped individual. HR1091 and HR1758 would allow a persons to establish tax-exempt trusts to provide for a handicapped individual in the future.

## WORKSHOPS

Nov. 4, Nov. 17.

Pacer Center Inc., a coalition of 18 Minnesota organizations concerned with the education of handicapped youth, offers the following series of workshops to parents and educators. The workshops, which are free of charge, are designed to enable families and schools to work together more effectively. Parent training workshops give general information about parents' rights and responsibilities in special education. Metropolitan Area scheule:  
Nov. 4. 7-10 p.m. Anoka County Riverwood Community Center, 71st and E. River Rd., Fridley; Nov. 17. 7-10 p.m., Martin Luther King Center, Arts and Crafts Room, 40th and Nicollet Av., Minneapolis. For further information: (612) 827-2966.

Nov 6.

In an effort to address staff burnout, the Minnesota Association of Private Residential Facilities for the Mentally Retarded (MAP-MR) is sponsoring a conference focusing on staff. The conference will be held at the Earle Brown Continuing Education Center on the St. Paul campus of the University of Minnesota. Registration is \$42 for MAP members and \$47 for all others. For further information call Mary Kay Wood or Vickie DeSanto at (612) 373-5831.

Nov. 12.

"Coping with Conflict" is the name of a conference for staff working with people who are mentally retarded, particularly staff obliged to deal with conflict of many kinds. This conference is for social workers, administrators, parents and others interested in adults who are mentally retarded. It is designed to assist them in relegating conflict to its rightful place--out of the spotlight--leaving the energy and time to devote to people and programs. Held at the Earle Brown Continuing Education Center on the St. Paul campus of the University of Minnesota. For further information, call Mary Kay Wood or Vickie DeSanto at (612) 373-5831.

Nov. 19

"The Vulnerable Adult Act and the Abused/Neglected Older Adult-Strategies for Intervention". This one-day conference is designed to inform participants about the Vulnerable Adult Act as it pertains to abused or neglected older persons and its implications for practice. To be held at the Earle Brown Continuing Education Center, St. Paul campus of the University of Minnesota. For further information: Shirley Zimmerman or Vickie DeSanto (612) 373-5831.

FUTURE EVENTS

Dec. 4, 5

The 2nd Symposium on the Management of the Profoundly Retarded, Multiply-Handicapped, McGuires Inn, Arden Hills, Minn. For information: Fran Rosen, Professional Development Programs (612) 346-3910.

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Roger Strand - 612/296-4018

## Policy Analysis Series on Welsch v. Noot

Two additional publications within the Policy Analysis Series on Issues Related to Welsch v. Noot are now available at the Developmental Disabilities Program Office. Publication No. 4, Number 4, "Cost Function Analysis of Minnesota Intermediate Care Facilities for Mentally Retarded (ICF-MR) Per Diems," emphasizes that there are many factors involved in the process of establishing and maintaining appropriate community residences, e.g., location, size, ownership, personnel and resident dependency. While costs are a real and necessary consideration, they should not overshadow individual needs of potential residents.

No. 5, "Admissions/Readmissions to State Hospitals (Sept. 1, 1980 to May 31, 1981): The Behavior Problem Issue," points to the need for greater availability of community respite care services and the need for consistent, competent personnel to manage behavior problems in community settings.

The Policy Analysis Series is a relatively new approach in addressing the many issues surrounding the implementation of the Welsch v. Noot Consent Decree, outlined in No. 1. Each subsequent publication provides an in-depth review of each issue.

## Reminder

Applications are being accepted by the Governor's Office for possible appointment to the Governor's Planning Council on Developmental Disabilities. The deadline for receipt of applications is December 1, 1981. The application form may be requested by calling (612) 296-3391.

## DD Will Assess Training Needs

Among its policy analysis activities, the Developmental Disabilities Planning Office and Regional DD Programs will be studying the training needs of professionals and paraprofessionals working in residential and day programs. The study will include a sample survey of personnel, documentation of existing training programs in institutions of higher learning and an inventory of in-service training programs provided by professional organizations and service agencies. The information is intended to help efforts in planning, coordination and staff competencies.

## Advocacy Definitions Reprinted

Additional copies of "Defining Advocacy and Protective Services for Persons with Developmental Disabilities, 1981" are now available from the Minnesota Developmental Disabilities Program Office. This brochure was compiled by the former Advocacy and Protective Services Committee of the Governor's Planning Council on Developmental Disabilities.

## DPW Information Bulletins

One method for keeping abreast of current activities is to subscribe to the listings of Information Bulletins issued by the Department of Public Welfare (DPW). All Information Bulletins are listed by title each month. Subscribers simply circle their selections and return their orders to DPW. Requests for placement on the mailing list should be sent to the Department of Public Welfare, Bureau of Support Services, 4th Floor, Centennial Bldg., St. Paul, MN 55155. Attention: Special Services Division, Manuals and Bulletins.

## YEARNING FOR LEARNING

The Developmental Disabilities Program Office has recently acquired several education and training resource materials that will soon become available on a loan basis in each of the Regional Developmental Disabilities Offices and in the State Program Office, St. Paul. Each month, this section of DD Information Exchange will highlight selections from these new acquisitions. This service provides an opportunity by a potential buyer in order to ensure wise investments.

Becoming Independent: A Living Skills System, T. Appolloni and A. Westaway, Edmark Associates, Bellevue, Wash., 1978. A comprehensive package of materials for individualized programming of adolescents and adults with developmental disabilities. It is a guide for planning, assessment, recording, reporting, and has instructional procedures for a total of 704 skills. It is a framework to ensure that each client has a coordinated plan facilitating developmental achievement within work, recreational and residential settings.

Components include: a user's guide; indices (for selecting instructional objectives); six assessment books; curriculum; and forms and worksheets. Becoming Independent is a useful resource for schools, residential centers, group homes, service agencies, sheltered workshops and anyone involved with integrating people who have developmental disabilities into the community.

The Adaptive Behavior Curriculum; Prescriptive Behavior Analyses for Moderately, Severely and Profoundly Handicapped Students. (Vols. 1 and 2), D. Popovich and S. Laham, published by Paul H. Brooks, 1981. Baltimore, Md. This edition reflects ten years of testing and revision in Macomb County, Michigan. Four curriculum areas are covered: self-help, communication, perceptual-motor and socialization. Within each curriculum area, terminal behaviors have been organized into topical sections and grouped homogeneously. Groups of terminal behaviors have been listed in sequence to reflect developmental milestones. All terminal behaviors have been operationally defined and behaviorally specified. This curriculum has proven to be effective in establishing both annual goals and individual behavioral objectives for a student with developmental disabilities. It has provided a means for parents and professionals to plan, observe and measure a student's educational progress.

### Region 10 RDC dissolves--DD to continue

After several months of debate, Commissioners of the Region 10 Regional Development Commission decided to dissolve the commission by November 20, 1981. This leaves the Region 10 Developmental Disabilities Program Office without a host agency. With strong interest and support of Region 10 DD Council members, plans are underway to continue their existence via other organizational channels. Marilyn Bothun will continue as the Region's DD Coordinator.

120  
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# INFORMATION EXCHANGE

STATE SUPPLEMENT

Dec. 1981

Developmental Disabilities Program / Dept. of Energy, Planning and Development  
201 Capitol Square Bldg.  
550 Cedar Street  
St. Paul, Minnesota 55101

Roger Strand - 612/296-4018

## LEAGUE OF DISABLED VOTERS FORMED

Minnesota's disabled citizens now have an opportunity to become active in the legislative process through the new Minnesota League of Disabled Voters (LDV). The goal of this non-profit, non-partisan organization is to develop a viable and educated political force, comprised of persons representing all disability groups. The involvement of many concerned citizens, whether disabled or not, is needed so that this goal can become a reality.

A one-year membership fee of \$10 may be sent to Mary Ellefson, Sister Kenny Institute, 2727 Chicago Av., Minneapolis, MN 55407.

## AMICUS BRIEFS SUBMITTED TO THE SUPREME COURT IN THE YOUNGBERG VS. ROMEO CASE .

In a minimum of twenty states, Attorneys General have filed briefs which endorse the principle that states have the legal sanction to return to custodial "warehousing" of developmentally disabled people. The states thus far represented are: Alabama, Arizona, North Dakota, Ohio, Oregon, Rhode Island, South Carolina, Virginia, Washington and West Virginia. Senator Weicker has called this action "the most disgusting display of human indifference in recent memory." These steps have been taken, for the most part, without the advice and consent of the Mental Retardation/Developmental Disabilities departments, D.D. councils or the Protection and Advocacy agencies in the respective states. Other Attorneys General may yet join in. The Association for Retarded Citizens has cosponsored an AMICUS brief prepared by the Mental Health Law Project in support of the respondent in this case.

From National Association of Developmental Disabilities Councils, Membership Memo, No. 1, Nov. 1981.

## MINNESOTA NONPROFITS ASSISTANCE FUND

The Minnesota Nonprofits Assistance Fund (MNAF) is designed to assist nonprofit organizations that are experiencing cash flow difficulties from a delay in payment of a contract or grant held with a government source. Loans administered by the fund are at reduced interest rates and are generally expected to be repaid within a short period of time.

Qualifying applicants must be nonprofit charitable organizations located in and serving the Seven-County Metropolitan Area. Organizations must be tax-exempt under the Internal Revenue Code and must be able to document the existence of a government contract or grant that has been delayed, resulting in a cash flow problem. The maximum loan is \$20,000.

For further information, contact: Susan Weinberg, MNAF, St. Anthony Park State Bank, 2250 Como Av., St. Paul, MN 55108. (612)647-0131.

## BE INFORMED ABOUT THE MINNESOTA LEGISLATURE

It takes an informed citizen in order to be effectively involved in the legislative process. The following publication should be in the hands of every Minnesota citizen: The Minnesota Legislative Manual 1981-82: Student Edition, available from Voter Information, Election and Legislative Manual Division, Office of the Secretary of State, 180 State Office Bldg., St. Paul, MN 55155 (612)296-2805.

## YEARNING FOR LEARNING

The Developmental Disabilities Program Office has recently acquired several education and training resource materials that will soon become available on a loan basis in each of the Regional Developmental Disabilities Offices and the State Program Office, St. Paul. This services provides oportunities by potential buyers to ensure wise investments.

An Activities of Daily Living Curriculum for Handicapped Adults, developed by Magic Valley Rehabilitation Services, Inc., with the assistance of the Curriculum Development Department, College of Southern Idaho in Twin Falls. (Printed and distributed by Materials Development Center, Stout Rehabilitation Institute, University of Wisconsin at Stout, Menomonie, WI 54751.

The goal of this curriculum is to impart necessary skills for independent living and to better prepare an individual with training required to handle responsibilities that accompany competitive employment. The curriculum includes such basic skill areas as money handling, measurement, telling time, reading, writing, cooking, shopping, personal identification, use of the telephone, use of the Post Office, clothing care, housekeeping, personal hygiene/grooming and transportation. This curriculum guide is designed so that individuals who have no formal training in teaching skills can use the curriculum effectively in teaching basic living skills to handicapped adults.

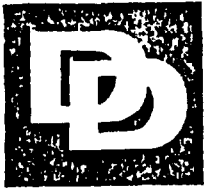
A Management System Approach to Teaching Independent Living Skills and Managing Disruptive Behaviors, L.S. Watson, Jr., BMT, Tuscaloosa Ala, 1978. This manual provides field-tested procedures for teaching independent living skills and managing disruptive behavior. There are four components to the system: administration/management, data/tracking, staff training and client training. The manual can be used as a general guide to designing and implementing behavior modification programs, procedures applying to children, adolescents or adults diagnosed as emotionally disturbed, mentally retarded or psychotic. The approach used in this manual is unique in that the emphasis is placed on staff organization, training, management and reinforcement. It is the contentior of the author that the key to effective habilitation programming is the staff, rather than the clients. This is because ~~most problems in habilitation programs~~ are staff related, while a minority are client related. Nevertheless, client related problems receive equal treatment by the author.

## FUTURE D.D. COUNCIL MEETINGS SET

Visitors are welcome to attend the sessions held by the Governor's Planning Council on Developmental Disabilities. The meetings are usually held at the S.E.I.M.C. Confeernce Room, second floor, 360 Colborne St., St. Paul, between 12 noon and 2:30 p.m. The future scheduled dates are: Dec. 2, 1981, Feb. 3, April 7 and June 2, 1982. Please contact Fern Mahnke prior to meetings for confirmation and agenda items; phone: 296-9960.

## CORRECTION

In last month's Information Exchange, a notice was published concerning Department of Public Welfare (DPW) bulletins. DPW does not send out bulletins to the general public, but copies of the bulletins are available at cost from the State Department of Administration, Public Documents Division, 117 University Av., St. Paul, MN 55155 (phone: 296-0931). Individuals can subscribe for \$50 a year to receive Instructional Bulletins. For an additional \$50 a year, they can receive the Informational Bulletins. Individual copies of bulletins may be ordered for 13¢ a page plus 35¢ handling. A list of individual bulletins is available from the Public Documents Division.



# INFORMATION EXCHANGE



Published monthly by the Metropolitan Region XI Developmental Disabilities Program of the Metropolitan Health Board.

Metropolitan Council  
300 Metro Square Building  
St. Paul, Minnesota 55101

Toni Lippert: 291-6364

## METRO DD PROGRAM NOTES

### You can affect legislation

On the last page of this issue you will find an application to become part of a statewide effort to alert state and national elected officials of your concerns about legislation affecting people with handicaps. The Minnesota Committee for the Handicapped is a coalition of organizations serving people with all types of disabilities. It was established in 1968 and has been somewhat inactive in recent years. In these crucial times, the advantage of combining all our efforts in such a coalition is imperative.

The application is self-explanatory. You are urged to join the Action Alert Team and to solicit others to join. If you need additional applications or want a list of Metropolitan Area state and federal legislators who are on the key committees responsible for legislation affecting handicapped citizens, please call our office (612)291-6363. The list of outstate legislators, state and federal, can be obtained from your local regional DD programs.

### Resource Library

Please note that the Metro DD Resource Library in the Metropolitan Council is for reference use only. The material cannot be circulated or lent out.

Several readers have asked to check out items, even though our announcement in last month's issue stated that this was not possible.

Vol. 6. No. 12.  
December 1981

### Other Notes

Readers are also asked to refer all requests for items listed in the state supplement (blue section) to the State DD Office whose address and telephone number is listed on the state supplement masthead. It delays response to your requests when the Metro DD office has to relay calls and mail to the State DD Office.

The DD Advocacy Resource Directories compiled by the State DD office are no longer available. There are no funds for ~~printing more~~.

On a more seasonal note, we wish all our readers "Happy Holidays."

### CHRISTMAS CARDS

Christmas cards designed by mentally retarded children and adults are available through the Association for Retarded Citizens in Dakota County (ARC). The 1981 greeting card selection features four cards designed by mentally retarded artists, several professionally designed cards and a 1982 calendar. Proceeds from the card sales benefit the ARC in Dakota County, an organization that offers a variety of programs and services for mentally retarded children and adults, and their families. For more information, call (612)457-2588.

## EMPLOYMENT OPPORTUNITIES

### Director of Training

Responsible for administration of vocational training program for persons with handicaps. Applicants must be familiar with aspects of the vocational rehabilitation process, including budgeting, funding, case management, vocational planning and program evaluation. Applicants should have a degree in vocational rehabilitation and three years of supervisory experience. Contact: James Auchue, Minnesota Diversified Industries at (612)646-2711.

EQUAL OPPORTUNITY EMPLOYER

### Educational Assistant

Applications from qualified personnel are being accepted for the position of Educational Assistant in the Special Education Vocational Services Program. A letter of application including a statement of the applicant's training, experience and other qualifications should be sent to Dr. Phillip Penn, Assistant Director of Personnel, 360 Colborne St., St. Paul, MN 55102. Deadline: Dec: 4, 1981.

### Speech/Language Clinician

Applications are being accepted from qualified individuals for the position of Speech/Language Clinician for elementary-age children. A letter of application containing a statement of the applicant's training, experience and other qualifications should be addressed to Dr. James Sargent, Director of Personnel and Staff Relations, 360 Colborne St., St. Paul, MN 55102. Deadline: Dec.11, 1981.

### Substitute School Nurse

Applications are being accepted for substitute school nurse positions. Interested applicants must submit an employment application, transcript and current credentials to Wanda Miller, Supervisor, School Health Program, 360 Colborne St., St. Paul, MN 55102. The application form may be obtained by calling (612)293-7687.

EQUAL OPPORTUNITY EMPLOYER

## EMPLOYMENT OPPORTUNITIES (Continued)

### School Nurse

Applications from qualified personnel are being accepted for the position of school nurse. A letter of application containing a statement of applicant's training, experience and other qualifications, in addition to an application form, should be addressed to Dr. James Sargent, Director of Personnel and Staff Relations, St. Paul School District, 360 Colborne St., St. Paul, MN 55102. The form may be obtained by calling (612)293-7692.

## NEW PROPOSALS AND LEGISLATION

### Major Changes in the Cost of Care

A major change in the funding of handicapped children in group homes and foster homes is being implemented in Minnesota. Handicapped children living away from the parental home are now deemed eligible for Medical Assistance (MA) independent of parental income.

The result of the change is that counties will be requesting parents to apply for MA for their handicapped children presently on the Cost of Care program. The benefits to counties and the state is that federal funds (not available under the Cost of Care program) will pay a substantial portion of the cost of residential care under MA. To parents and children, the benefit of MA over Cost of Care is that MA pays for medical care in addition to the per diem cost of group or foster homes. However, the child's Social Security (SSI) check will be reduced to \$25 per month.

MA applications can cover costs retroactively for three months from the date of the application. But parents of children who have received full SSI benefits during the previous three months from the date of the application will have to return the overpayment (the difference between the full SSI benefit and the \$25 now allowable).

The DD Legal Advocacy Service is recommending that parents apply for MA to begin on the date of application or on the first of the next month only. If problems arise, parents may call for advice from that office: (612)338-0968.



EW PROPOSALS AND LEGISLATION  
(Continued)

Legislation Introduced

Congressman Christopher Smith, New Jersey, has introduced legislation that would permanently authorize all education programs for the handicapped. This would include related services to aid severely handicapped children, such as regional resource centers, deaf-blind centers, early childhood projects and programs for adults, personnel development programs, and innovation and development projects that currently must be authorized every three years. The bill was filed Aug. 4. in an effort to safeguard these programs and to prevent consolidation into block grants at some future time. For more information, contact Christopher Smith, House of Representatives, Rm. 513, Cannon House Bldg., Washington D.C. 20515. To express your views on the legislation, contact your local congressman and members of the House Education and Labor Committee. A list of their names and addresses is available from this office. Call (612)291-3363.

PUBLICATIONS AND BOOKS

Me and My World--All About Epilepsy is a brochure produced by the Epilepsy Foundation of America that is especially suitable for children. It is available through the Minnesota Epilepsy League at a cost of \$1. To order, contact Tanley O'Hara at (612)340-7630, or write the Minnesota Epilepsy League at 404 S. 8th St., Minneapolis, MN 55404.

Autistic Children in Public School, by Eric Schopler and Marie Bristol is available from ERIC Clearinghouse on Handicapped and Gifted Children, 1920 Association Dr., Reston, VA 22091. Order by title, and enclose \$1 for postage and handling.

PUBLICATIONS AND BOOKS (Continued)

Hope for the Families by Robert Perske, is a revision of his 1973 book, New Directions for Parents of Persons Who are Retarded. The new book helps families of mentally retarded children understand their own feelings, the needs of mentally retarded persons and the bright outlook for their children. It also discusses the importance of encouraging mentally retarded persons to take risks and contains advice for parents about dealing with professionals and the service system. Copies are available through bookstores at \$4.95. A limited supply is available from the Minnesota Association for Retarded Citizens (ARC) for \$3.50, including postage. To order, call (612)827-5641, or write the agency at 3225 Lyndale Av. S., Minneapolis, MN 55408.

Policy Publications

The Institute for Research on Educational Finance and Governance has published the following policy notes which should be of interest:

Education for the Handicapped: What is the Appropriate Federal Role?

Federal Categorical Aid: Emerging Patterns of Support

Categorical Grants in Education: Rethinking the Federal Role

Single copies are available at no charge from Sanda Kirkpatrick, Institute for Research on Educational Finance and Governance, CERAS Bldg., School of Education, Stanford University, Stanford, CA 94305.

Victim Justice for the Disabled Person: A Resource Manual, has been made available by the Victim/Witness Project of Gallaudet College. The project will distribute 1,000 copies of the manual at no charge to victim/witness counselors, law enforcement personnel and other professionals in the criminal justice field. For more information, contact Victim/Witness Project for the Handicapped, National Academy of Gallaudet College, Kendall Green, Washington, D.C. 20002 (202)651-5480.

## Parent Advocate Newsletter

Parent Advocacy Coalition for Educational Rights (PACER) now publishes a newsletter specifically for parent advocates to serve as an ongoing source of information, following their initial training sessions. The Pacer Advocate will include material to keep readers up to date on laws affecting special education and on program funding.

This newsletter is intended as a continual training vehicle to help its readers better serve as advocates for themselves or for other parents. It will carry more detailed information than does the regular Pacesetter, which will continue publication as in the past.

For information: PACER Center, Inc., 4701 Chicago Av.S., Minneapolis, MN 55407. Or call (612)827-2966.

## SERVICES

A slide-tape presentation, "A Chance to Restructure Your Lives," is available for groups interested in respite care. The presentation was prepared by the Northeast Residence respite care program under a grant from the Developmental Disabilities Program. The presentation features parents discussing the need for respite care services and how the Northeast Residence Respite Care program has helped meet those needs. For more information, contact Jane Wells at (612)426-1210.

The Multiple Sclerosis Society (MSS) offers free counseling to persons with MS and their families and friends via counseling groups funded by Fairview (Lutheran) Deaconess Hospital in Minneapolis. One of the groups deals with moderately affected MS persons and another group is targeted to families and friends and focuses on understanding how MS alters relationships. For more information on multiple sclerosis or the counseling groups, call (612)870-1500.

## WORTH NOTING

### Television Movie

Mickey Rooney stars in a television movie about a mentally retarded man who moves from a lifetime in an institution to successful community living. The movie, called "Bill," will be shown on CBS at 8 p.m. on Tuesday, December 22. Although it was not filmed here, the real-life story of Bill Sackter takes place in Minnesota where Sackter lived in a state hospital for 44 years.

According to Mickey Rooney, "playing Bill Sackter was very rough emotionally. It was also a genuine delight and is very, very true. The important thing "Bill" says is don't be afraid to see than I am a human being... "

### Art Work

Art work by developmentally disabled adult artists will be on display from Nov. 6 through Dec. 30 in the library at the College of St. Catherine in St. Paul.

## WORKSHOPS, CONFERENCES

Jan. 7 and 8, 1982

"Sexuality and the Mentally Handicapped" is a conference planned by the Planned Parenthood of Minnesota for professionals who work with the mentally handicapped. It will be held at the Planned Parenthood office at 1965 Ford Pkwy, St. Paul, MN. For cost and registration information, call (612)698-2401.

## FUTURE EVENTS

Feb. 4-6, 1982

Sixth Annual Midwest Handicap Races at Spirit Mountain, Duluth. For information contact Mary Schmitz, Courage Center-Duluth Area Services, 2400 Minnesota Av Duluth, MN 55802 (612)727-6874.

MINNESOTA COMMITTEE FOR THE HANDICAPPED

ARE YOU CONCERNED ABOUT THE STATE AND FEDERAL CUTBACKS IN PROGRAMS FOR HANDICAPPED PERSONS? HERE IS AN ANSWER TO THE QUESTION: "WHAT CAN I DO?" -- BECOME A MEMBER OF THE "ACTION ALERT TEAM"

You can help by joining the ACTION ALERT TEAM. This means that you will be asked from time-to-time to contact State Legislators and United States Congressmen. You will receive mailings keeping you informed on legislation and, as needed, you will be requested to write a letter, make a telephone call, or send a telegram to your legislator on a specific issue (usually prior to a committee vote). You need not attend any meetings. We are asking you for just a few hours of your time over the next year to help handicapped people in your area and throughout Minnesota.

WE NEED YOU!! YOU CAN MAKE A DIFFERENCE!! COMPLETE THE FOLLOWING FORM, DETACH AND RETURN TO:

MOLLY WOEHLIN, CHAIRMAN
MINNESOTA COMMITTEE FOR THE HANDICAPPED ACTION ALERT TEAM
302 MAPLE STREET
NORTHFIELD, MN 55057

\*\*\*\*\*

Check when appropriate: MY LEGISLATIVE DISTRICT IS (IF KNOWN) \_\_\_\_\_

I am willing to serve on the ACTION ALERT TEAM to contact:

State representative. Give name if known \_\_\_\_\_

State senator. Give name if known \_\_\_\_\_

Member of U.S. Congress. Give name if known \_\_\_\_\_

I have some questions about Action Alert Teams and would like to talk it over before deciding. Please call me at ( ) \_\_\_\_\_ DAY EVENING
area code / telephone number (Circle One)

I am interested in the following areas of legislation: Developmental Achievement Centers; Special Education; Other Social Services (Foster Care, Medical Assistance, etc.); Rehabilitation; Residential Services; Other.

I am a parent of a handicapped person (Pre-school; School Age; Adult).

I am a professional working with handicapped people. Position \_\_\_\_\_

I am a consumer (handicapped person)

Other (explain if you wish)

Have you been involved in political activities? (Explain -- use back side)

Do you know any elected officials? (Explain -- use back side)

MY NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_ TELEPHONE (DAY) ( ) \_\_\_\_\_
area code/telephone number

(EVENING) ( ) \_\_\_\_\_
area code/telephone number

WE APPRECIATE YOUR HELP!!!

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